

# North and south: Dupont Physical Therapy has it covered

By **Connie Gorrell**  
For Fort Wayne Newspapers

Ask the owner and executive director of Dupont Physical Therapy what makes her services stand out in the crowd, and Abby Buenconsejo will tell you it's the personalized care her clients receive.

"I left the corporate world to care for patients as they need and deserve," she said.

Though physical therapists have been known to open private practices in today's world of corporate competition, it is quite unusual for an occupational therapist to do so. Abby, an occupational therapist, did just that and has opened two locations in Fort Wayne to boot, one on East Dupont Road and one on West Jefferson Boulevard.

Trained in occupational therapy in her home country of the Philippines, Abby worked in a government-sponsored geriatric center. She moved to Fort Wayne in 1991 upon accepting a position at St. Joseph Hospital. Shortly after her arrival she met and eventually married fellow countryman Guy Buenconsejo. Abby values the experience she gained in posi-

tions such as rehabilitation director for a local nursing home and therapist for a pediatric care company. The Buenconsejos decided to put her vast experience to work and offer a more personalized approach to physical and occupational therapies for their own clients.

Dupont Physical Therapy caters to adults and children alike. Among their cutting edge services is Augmented Soft Tissue Mobilization in which noninvasive techniques are used to stimulate the body's ability for healing where there is soft tissue degeneration, fibrosis or chronic inflammation. In addition to standard therapies that address and treat joint pain caused by sports- or work-related injuries or trauma, Dupont Physical Therapy also offers children's services including sensory integration for autism or treatment of poor muscle tone in kids. The staff includes enough physical therapists and assistants to allow for unscheduled walk-ins as well as by appointment. Speech therapy is also available by appointment.

Both locations offer wellness screening including bone density screening and skin analysis to assess for sun damage.



Photo by Chris Crawford  
From left, Abby Buenconsejo, OTR; Mana Shady, receptionist; Kristine Briggs Connelly, PT; and Tim Landis PTA

"Wellness is the optimal goal here," said Tim Landis, physical therapy assistant. "We stress that our clients really matter to us. We know that if they trust us they are more apt to continue their treatment at home and get better sooner."

Dupont Physical Therapy opened for business in 2001, but it wasn't long before it became clear that a south side location would accommodate area physicians and their clients' needs. Abby and

her staff pride themselves on personalized treatment. "What works for one person does not necessarily work for another," she said. The philosophy is simple: Dupont Physical Therapy offers "personalized care that gets you back to work and play ... fast!"

Dupont Physical Therapy's north location is at 2872 E. Dupont Road, 497-0838; and the south location is at 7303 B.W. Jefferson Blvd., 435-1891.

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FORT WAYNE IN 46802  
TEL: 260.459.6992

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